

Dating Relationships Note-Taking Guide

Healthy Dating Relationships

1. A healthy dating relationship has many characteristics. Choose two that are important to you and explain why.

Unhealthy Dating Relationships

2. Complete the boxes below concerning unhealthy dating relationships.

You may _____ your other friendships.
You may also neglect your _____, which can also lead to conflicts.



If you and your partner don't _____ well, you often end up
with _____ emotions.



Age, _____, and power differences can lead to poten-
tial _____ and emotional impacts in unhealthy dating relationships.

Dating Relationships

Dating Emotions

3. Define infatuation and love.

Infatuation:	
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Love:	
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4. Love involves chemistry, closeness, and commitment with your partner. Define each of those words.

Chemistry:	
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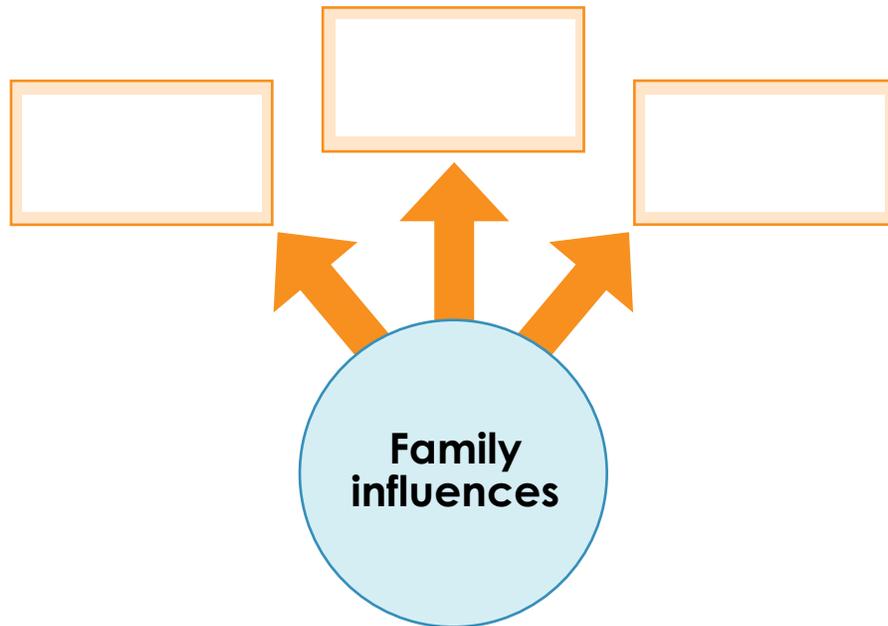
Closeness:	
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Commitment:	
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Dating Relationships

Family Influences on Dating Relationships

5. List three influences family may have on a relationship.



Sexual Orientation and Dating Relationships

6. Fill in the missing information in each of the following boxes.

Sexual orientation 	<hr/> <ul style="list-style-type: none">• People attracted to people of a different sex than the one they identify with.	Gay
<hr/> <ul style="list-style-type: none">• A female attracted to another female.	<hr/> <ul style="list-style-type: none">• People who are attracted to people of a different sex than they are and the same sex.	

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Online Relationship Communication

7. Give two examples of problems technology can cause in a relationship.

A large graphic consisting of two mirrored, hollow arrow shapes pointing towards each other, forming a central rectangular space. The arrows are outlined in orange and have a light orange fill on their outer points.

Inherent Risks of Online Dating Websites and Apps for Teens

8. List three Dos and three Don'ts of online dating.

Dos of Online Dating	Don'ts of Online Dating

Dating Relationships

Sexting

9. Explain what sexting is.

Sexting:	
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10. List the four legal consequences that may come from sexting.

1.	
2.	
3.	
4.	

Dating Relationships: Intimacy and Boundaries

11. Define intimacy and boundaries.

Intimacy:	
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Boundaries:	
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Abstinence

12. List three advantages to being abstinent in the box next to the plus sign and three challenges to being abstinent in the box next to the circle with a line through it.

Abstinence is avoiding all forms of sexual activity and genital contact, including vaginal, oral, and anal sex.

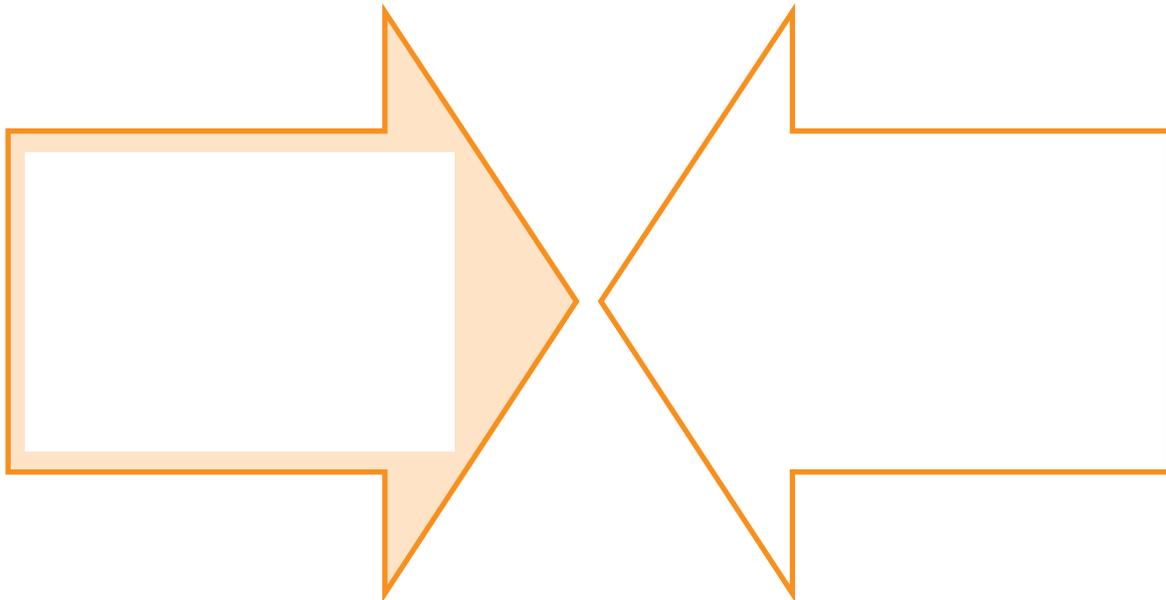
	
	

13. Explain how you would verbally and nonverbally say no to the following situation: your partner wants to kiss you and you don't want to be kissed.

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Affirmative Consent

14. Give two examples when you should get affirmative consent.



15. Consent should include _____ what the person wants to do and _____ their partner's response.

16. Consent is also about setting _____ boundaries as to what you will do and will not do when it comes to sex.

17. Without consent, sexual activity is considered _____ or _____.

18. Select the correct answer:

If you ask your partner for consent and they say yes, do you have consent? **Yes** **No**

If you ask your partner for consent and they say no, do you have consent? **Yes** **No**

If you ask your partner for consent and they don't say anything, do you have consent? **Yes** **No**

If you ask your partner for consent and they say yes but seem hesitant, do you have consent? **Yes** **No**

If you ask your partner for consent and they say yes but they are under the influence of drugs or alcohol, do you have consent? **Yes** **No**

If your partner gives consent to kissing and then you begin touching their breasts, do you still have consent? **Yes** **No**

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Breaking Up

19. Explain why it is a bad idea to break up through text message, social media, email, or by having someone else do it for you.

